

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sonja de Kock

Has successfully participated & completed the

5km Heidelberg Trail Run 2018

held at Hoër Volkskool Heidelberg.

TIME 01:07:57

PACE 13:34/km **OVERALL** 76 of 92

01 September 2018, Sat

Date

GENDER 52 of 63

50 - 59 9 of 10



BoutTime

Signature